

Name of Child:

Class:

Please circle your child's choice of meal for all 3 weeks and return to School

	Monday	Tuesday	Wednesday	Thursday	Friday
Week 1	Chicken & Veg Pie Creamy Vegetable Pie (v) Jacket Potato Snack Box Creamed Potatoes, cauliflower cheese, Beans, Salad Yoghurt Fresh fruit	Lasagna & Garlic Bread Baked bean Lasagna & Garlic Bread (v) Jacket Potato Snack Box Broccoli, Carrots, Salad Yoghurt Fresh fruit	Chicken Korma & Naan Bread Vegetable Curry & Naan Bread (v) Jacket Potato Snack Box Rice, Veg, Salad Yoghurt Fresh fruit	Sausage and Yorkshire Pudding Veg sausage and Yorkshire Pudding (v) Jacket Potato Snack Box Creamed Potatoes, Cauliflower Cheese, Carrots, Salad Yoghurt Fresh fruit	Fish Bites (v) Vegetable Quiche (v) Jacket Potato Snack Box Potato Croquets, Mushy Peas, Beans, Salad White Chocolate Drop Cake and Chocolate Custard Fresh Fruit Yoghurt
Week 2	Cheese & Ham Pasta Bake Macaroni Cheese (v) Jacket Potato Snack Box Beans, Salad Yoghurt Fresh fruit	Shepherd's Pie Spanish Omelette (v) Jacket Potato Snack Box Carrots, Broccoli, Salad Yoghurt Fresh fruit	Roast Pork and Gravy Quorn Chicken and Gravy (v) Jacket Potato Snack Box Creamed Potatoes, Cauliflower Cheese, Broccoli, Salad Yoghurt Fresh fruit	Mince Beef & Onion Pie Cheese Flan (v) Jacket Potato Snack Box New Potatoes, Seasonal Veg, Beans, Salad Yoghurt Fresh fruit	Fish Cake (v) Jacket Potato Snack box Creamed Potatoes, Mushy Peas, Salad Chocolate Tray Bake & Custard Yoghurt Fresh fruit
Week 3	Fresh Pasta and Meatballs Macaroni Cheese (v) Jacket Potato Snack Box Carrots, Broccoli, Salad Yoghurt Fresh fruit	Gammon Stew and Yorkshire Pudding Thick Winter Veg Soup and Crusty Bread (v) Snack Box Creamed Mash, Cauliflower Cheese, Carrots, Salad Yoghurt Fresh fruit	Meat and Potato Pie Vegetable Stew with Yorkshire Pudding (v) Jacket Potato Snack Box Carrots, Broccoli, Salad Yoghurt Fresh fruit	Spaghetti Bolognese & Garlic Bread Vegetable Bolognese & garlic Bread (v) Jacket Potato Snack Box Cauliflower, Broccoli, Salad Yoghurt Fresh fruit	Tuna Pasta Bake and Garlic Bread(v) Jacket Potato Snack Box Mushy Peas, Salad Jam Sponge Pudding & Custard Yoghurt Fresh fruit

Jacket potato - filled with Beans, cheese, cheese and beans or tuna mayonnaise.

Snack boxes – Bread or Wrap and then choose from ham, cheese, tuna mayonnaise or chicken mayo with a choice of cucumber and carrot sticks or crisps.