Dear Parent, please circle the choices for your child on each week. Thank you.

Dinner Menu week 1

Week 1	Monday	Tuesday	Wednesday	Thursday	Friday
Dish 1	Sausage and mash	Chilli and rice	Roast chicken dinner with Yorkshire pudding	Chicken curry, rice and naan bread	Fish fingers
Dish 2	Omelette	Vegetable Shepherds pie	Tomato vegetable pasta and garlic bread	Cheese and tomato quiche	Vegetarian sausage and chips
Jacket Potato	Cheese/beans/tuna mayo	Cheese/beans/tuna mayo	Cheese/beans/tuna mayo	Cheese/beans/tuna mayo	Cheese/beans/tuna mayo
Sandwich	Ham/cheese/tuna mayo/jam	Ham/cheese/tuna mayo/jam	Ham/cheese/tuna mayo/jam	Ham/cheese/tuna mayo/jam	Ham/cheese/tuna mayo/jam
Dessert	Yogurt/ fruit	Yogurt/ fruit	Chocolate cake and custard/ fruit	yogurt/ fruit	Jam sponge and custard/ fruit
Vegetables/ sides	Potato smiles/ garden peas/beans	Carrots/ flat garlic bread/ sweetcorn	Mash/ cauliflower/ carrots/ broccoli	Potato smiles/ beans/peas	Chips/ mushy peas/ peas/ beans/
Extra	Salad Bread and Butter	Salad Bread and Butter	Salad Bread and Butter	Salad Bread and Butter	Salad Bread and Butter

***Crisps with sandwich option: Quavers, Wotsits and Walkers**

Name: _____

Dear Parent, please circle the choices for your child on each week. Thank you.

Dinner menu week 2

Week 2	Monday	Tuesday	Wednesday	Thursday	Friday
Dish 1	Sweet and sour chicken and rice	Tuna vegetable pasta bake	Roast chicken dinner with roast potato	Shepherds pie	Fish cake and chips
Dish 2	Vegetarian spaghetti bolognaise	Sweet potato curry and rice	Macaroni cheese	Omelette	Vegetable cottage pie
Jacket Potato	Cheese/beans/tuna mayo	Cheese/beans/tuna mayo	Cheese/beans/tuna mayo	Cheese/beans/tuna mayo	Cheese/beans/tuna mayo
Sandwich	Ham/cheese/tuna mayo/jam	Ham/cheese/tuna mayo/jam	Ham/cheese/tuna mayo/jam	Ham/cheese/tuna mayo/jam	Ham/cheese/tuna mayo/jam
Pudding	Fruit/ Yogurt	Yogurt/ fruit	Chocolate roll/ fruit	Fruit/yogurt	Sponge cake with icing/ fruit
Vegetables/ sides	Carrots/ peas/ garlic bread	Garlic bread/ potato smiles/sweetcorn	Carrot and swede mash/ broccoli/ Garlic bread	Potato waffles/ beans/ peas/	Beans/ garden peas/ mushy peas
Extra	Salad Bread and Butter	Salad Bread and Butter	Salad Bread and Butter	Salad Bread and Butter	Salad Bread and Butter

***Crisps with sandwich options: Quavers, Wotsits and Walkers**

Dear Parent, please circle the choices for your child on each week. Thank you.

Dinner menu week 3

Week 3	Monday	Tuesday	Wednesday	Thursday	Friday
Dish 1	Meatballs and pasta	Chicken casserole with Yorkshire pudding	Roast chicken dinner with stuffing balls	Chilli and rice	Fish fingers
Dish 2	Vegetable sausage	Chow mein noodles	Vegetable casserole	Marconi cheese	Omelette
Jacket Potato	Cheese/beans/tuna mayo	Cheese/beans/tuna mayo	Cheese/beans/tuna mayo	Cheese/beans/tuna mayo	Cheese/beans/tuna mayo
Sandwich	Ham/cheese/tuna mayo/jam	Ham/cheese/tuna mayo/jam	Ham/cheese/tuna mayo/jam	Ham/cheese/tuna mayo/jam	Ham/cheese/tuna mayo/jam
Pudding	fruit/ yogurt	Chocolate pot/ fruit	Yogurt/ fruit	Yogurt/ fruit	Brownie and custard/yogurt
Vegetables/ sides	Mash/ beans/ peas/ garlic bread	Potato smiles/ beans/ sweet potato mash/ broccoli	Mash potato/ carrots/broccoli/peas	Carrots/sweetcorn/flat garlic bread	Potato waffles/ beans/ mushy peas/sweetcorn
Extra	Salad Bread and Butter	Salad Bread and Butter	Salad Bread and Butter	Salad Bread and Butter	Salad Bread and Butter

***Crisps with sandwich options: Quavers, Wotsits and Walkers**

Dear Parent, please circle the choices for your child on each week. Thank you.

Dinner menu week 4

Week 4	Monday	Tuesday	Wednesday	Thursday	Friday
Dish 1	Chicken and vegetable pasta bake	Meat curry and rice	Roast chicken and Yorkshire pudding	Mince stew	Fish cakes and chips
Dish 2	Cheese and tomato quiche	Mixed vegetable pasta	Vegetable curry and rice	Vegetarian meatballs and pasta	Veggie fingers and chips
Jacket Potato	Cheese/beans/tuna mayo	Cheese/beans/tuna mayo	Cheese/beans/tuna mayo	Cheese/beans/tuna mayo	Cheese/beans/tuna mayo
Sandwich	Ham/cheese/tuna mayo/jam	Ham/cheese/tuna mayo/jam	Ham/cheese/tuna mayo/jam	Ham/cheese/tuna mayo/jam	Ham/cheese/tuna mayo/jam
Pudding	Yogurt/ fruit	Yogurt/ fruit	Chocolate roll/ yogurt	Yogurt/ fruit	Jam sponge and custard/ fruit
Vegetables/ sides	Chips/ broccoli/ beans/ peas	Naan bread/ potato smiles/ sweetcorn	Mash potato/ broccoli/ carrots	Mash potato/ peas/ carrots	Beans/ peas/ garden peas
Extra	Salad Bread and Butter	Salad Bread and Butter	Salad Bread and Butter	Salad Bread and Butter	Salad Bread and Butter

***Crisps with sandwich options: Quavers, Wotsits and Walkers**